Herfstcriterium 2026: Session: 3: COACH evaluation sheet for TEAM: MEGA

Coachinfo: Warming up from: 08:00 untill 08:45. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Van der Plas Koen HEADCOACH

PB => Personal Best time **SB => Seasons Best time: Season starting point: first of September.**

Event number: 13: 100M BREASTSTROKE WOMEN 13+ Heat:1, starttime: 09:00

Heat: 1/19 Lane : 4 Athlete: VERVAECK MAUD **Q-time: 01:56:73**

PB (25m pool): no time **PB (50m pool):** 01:56.73 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		no time		no time	
		no time			
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 13: 100M BREASTSTROKE WOMEN 13+ Heat:4, starttime: 09:05

Heat: 4/19 Lane : 3 Athlete: MAERTENS LOTTE **Q-time: 01:41:59**

PB (25m pool): 01:41.59 Sint-Amandsberg 18/10/2026 **PB (50m pool):** 01:47.24 **SB:** 01:41.59 Sint-Amandsberg 18/10/2026

	25 M	50 M	75 M	100 M	
PB		00:47.77		01:41.59	
		00:47.77		*00:53.82*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 13: 100M BREASTSTROKE WOMEN 13+ Heat:5, starttime: 09:10

Heat: 5/19 Lane : 3 Athlete: EYCKEN ENORA **Q-time: 01:39:89**

PB (25m pool): 01:40.05 Sint-Amandsberg 18/10/2026 **PB (50m pool):** 01:39.89 **SB:** 01:40.05 Sint-Amandsberg 18/10/2026

	25 M	50 M	75 M	100 M	
PB		00:47.82		01:40.05	
		00:47.82		*00:52.23*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Herfstcriterium 2026: Session: 3: COACH evaluation sheet for TEAM: MEGA

Event number: 13: 100M BREASTSTROKE WOMEN 13+ — Heat:6, starttime: 09:10

Heat: 6/19 Lane : 6 Athlete: SCHOENMAEKERS ALIX — **Q-time: 01:37:16**

PB (25m pool): 01:37.16 EEKLO 04/10/2026 — **PB (50m pool):** 01:38.94 **SB:** 01:37.16 EEKLO 04/10/2026

	25 M	50 M	75 M	100 M	
PB		00:44.91		01:37.16	
		00:44.91		*00:52.25*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 13: 100M BREASTSTROKE WOMEN 13+ — Heat:11, starttime: 09:20

Heat: 11/19 Lane : 7 Athlete: BAEYE ROMY — **Q-time: 01:32:24**

PB (25m pool): 01:32.24 Temse 31/05/2026 — **PB (50m pool):** 01:34.61 **SB:** 01:32.33 Sint-Amandsberg 18/10/2026

	25 M	50 M	75 M	100 M	
PB		00:43.34		01:32.24	
		00:43.34		*00:48.90*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 13: 100M BREASTSTROKE WOMEN 13+ — Heat:13, starttime: 09:25

Heat: 13/19 Lane : 3 Athlete: CLAEYS ELISE — **Q-time: 01:29:97**

PB (25m pool): 01:29.97 LAGO Zwevegem 09/06/2025 — **PB (50m pool):** 01:29.69 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:43.03		01:29.97	
		00:43.03		*00:46.94*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 13: 100M BREASTSTROKE WOMEN 13+ — Heat:14, starttime: 09:30

Heat: 14/19 Lane : 4 Athlete: DE MEY AURORA — **Q-time: 01:29:13**

PB (25m pool): 01:29.13 Sint-Amandsberg 18/10/2026 — **PB (50m pool):** 01:33.38 **SB:** 01:29.13 Sint-Amandsberg 18/10/2026

	25 M	50 M	75 M	100 M	
PB		00:42.21		01:29.13	
		00:42.21		*00:46.92*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Herfstcriterium 2026: Session: 3: COACH evaluation sheet for TEAM: MEGA

Event number: 13: 100M BREASTSTROKE WOMEN 13+ — Heat:15, starttime: 09:30

Heat: 15/19 Lane : 6 Athlete: FRANKE MARIA LAYLA — **Q-time: 01:28:52**

PB (25m pool): 01:28.52 Sint-Amandsberg 18/10/2026 **PB (50m pool):** 01:31.04 **SB:** 01:28.52 Sint-Amandsberg 18/10/2026

	25 M	50 M	75 M	100 M	
PB		00:41.93		01:28.52	
		00:41.93		*00:46.59*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 13: 100M BREASTSTROKE WOMEN 13+ — Heat:18, starttime: 09:35

Heat: 18/19 Lane : 6 Athlete: ANSEEUW LIEZE — **Q-time: 01:23:29**

PB (25m pool): 01:23.29 EEKLO 04/10/2026 **PB (50m pool):** 01:28.84 **SB:** 01:23.29 EEKLO 04/10/2026

	25 M	50 M	75 M	100 M	
PB		00:39.74		01:23.29	
		00:39.74		*00:43.55*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 13: 100M BREASTSTROKE WOMEN 13+ — Heat:19, starttime: 09:40

Heat: 19/19 Lane : 5 Athlete: VAN NIEUWENHOVE LAURIEN — **Q-time: 01:19:11**

PB (25m pool): 01:13.98 Verbauwenbad 18/07/2021 **PB (50m pool):** 01:17.09 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		no time		01:13.98	
		no time			
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 14: 100M MEDLEY MEN 13+ — Heat:3, starttime: 09:45

Heat: 3/14 Lane : 2 Athlete: DUMONT SIEBE — **Q-time: 01:29:38**

PB (25m pool): 01:29.38 Temse 21/12/2025 **PB (50m pool):** no time **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:41.20		01:29.38	
		00:41.20		*00:48.18*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Herfstcriterium 2026: Session: 3: COACH evaluation sheet for TEAM: MEGA

Event number: 14: 100M MEDLEY MEN 13+ — Heat:3, starttime: 09:45

Heat: 3/14 Lane : 8 Athlete: MEERT JOLAN — **Q-time: 01:29:62**

PB (25m pool): 01:29.62 Temse 21/12/2025 **PB (50m pool):** no time **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:41.16		01:29.62	
		00:41.16		*00:48.46*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 14: 100M MEDLEY MEN 13+ — Heat:6, starttime: 09:50

Heat: 6/14 Lane : 2 Athlete: BODDAERT LUCAS — **Q-time: 01:20:02**

PB (25m pool): 01:20.02 Zottegem 01/03/2026 **PB (50m pool):** no time **SB:** no time

	25 M	50 M	75 M	100 M	
PB		no time		01:20.02	
		no time			
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 14: 100M MEDLEY MEN 13+ — Heat:7, starttime: 09:55

Heat: 7/14 Lane : 4 Athlete: POLLET MILO — **Q-time: 01:17:24**

PB (25m pool): 01:17.24 Zottegem 01/03/2026 **PB (50m pool):** no time **SB:** no time

	25 M	50 M	75 M	100 M	
PB		no time		01:17.24	
		no time			
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 14: 100M MEDLEY MEN 13+ — Heat:10, starttime: 10:00

Heat: 10/14 Lane : 1 Athlete: RABAEYS LUCAS — **Q-time: 01:14:57**

PB (25m pool): 01:14.57 EEKLO 04/10/2026 **PB (50m pool):** no time **SB:** 01:14.57 EEKLO 04/10/2026

	25 M	50 M	75 M	100 M	
PB		no time		01:14.57	
		no time			
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Herfstcriterium 2026: Session: 3: COACH evaluation sheet for TEAM: MEGA

Event number: 14: 100M MEDLEY MEN 13+ — Heat:12, starttime: 10:00

Heat: 12/14 Lane : 5 Athlete: COUTANT YARNE — **Q-time: 01:09:65**

PB (25m pool): 01:09.65 Zottegem 01/03/2026 **PB (50m pool):** no time **SB:** no time

	25M	50M	75M	100M
PB		no time		01:09.65
	no time			
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 15: 50M BUTTERFLY MEN 11-12 — Heat:3, starttime: 10:10

Heat: 3/10 Lane : 8 Athlete: CRUL DEAN — **Q-time: 00:48:98**

PB (25m pool): 00:48.98 Sint-Amandsberg 18/10/2026 **PB (50m pool):** no time **SB:** 00:48.98 Sint-Amandsberg 18/10/2026

	25M	50M
PB		00:48.98
	00:48.98	
	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 15: 50M BUTTERFLY MEN 11-12 — Heat:5, starttime: 10:15

Heat: 5/10 Lane : 4 Athlete: VAN HULLE MAURO — **Q-time: 00:43:55**

PB (25m pool): 00:43.55 EEKLO 04/10/2026 **PB (50m pool):** 00:44.83 **SB:** 00:43.55 EEKLO 04/10/2026

	25M	50M
PB		00:43.55
	00:43.55	
	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 15: 50M BUTTERFLY MEN 11-12 — Heat:9, starttime: 10:15

Heat: 9/10 Lane : 7 Athlete: DE BAERDEMACKER JULES — **Q-time: 00:40:03**

PB (25m pool): 00:40.03 BEERNEM 19/09/2026 **PB (50m pool):** no time **SB:** 00:40.03 BEERNEM 19/09/2026

	25M	50M
PB		00:40.03
	00:40.03	
	. . : . . : . .	. . : . . : . .

Coach feedback:

Herfstcriterium 2026: Session: 3: COACH evaluation sheet for TEAM: MEGA

Event number: 16: 50M BUTTERFLY WOMEN 13+ — Heat:1, starttime: 10:20

Heat: 1/20 Lane : 1 Athlete: VERVAECK MAUD — **Q-time: 99:99:99**

PB (25m pool): no time — **PB (50m pool):** no time **SB:** no time

	25 M	50 M	
PB		no time	
		no time	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 16: 50M BUTTERFLY WOMEN 13+ — Heat:2, starttime: 10:20

Heat: 2/20 Lane : 1 Athlete: MAERTENS LOTTE — **Q-time: 00:45:45**

PB (25m pool): 00:45.45 Eeklo 19/04/2026 — **PB (50m pool):** no time **SB:** 00:46.24 BEERNEM 19/09/2026

	25 M	50 M	
PB		00:45.45	
		00:45.45	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 16: 50M BUTTERFLY WOMEN 13+ — Heat:3, starttime: 10:25

Heat: 3/20 Lane : 8 Athlete: EYCKEN ENORA — **Q-time: 00:43:46**

PB (25m pool): 00:43.46 BEERNEM 19/09/2026 — **PB (50m pool):** 00:52.70 **SB:** 00:43.46 BEERNEM 19/09/2026

	25 M	50 M	
PB		00:43.46	
		00:43.46	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 16: 50M BUTTERFLY WOMEN 13+ — Heat:5, starttime: 10:25

Heat: 5/20 Lane : 4 Athlete: SCHOENMAEKERS ALIX — **Q-time: 00:40:61**

PB (25m pool): 00:40.61 EEKLO 04/10/2026 — **PB (50m pool):** 00:40.98 **SB:** 00:40.61 EEKLO 04/10/2026

	25 M	50 M	
PB		00:40.61	
		00:40.61	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Herfstcriterium 2026: Session: 3: COACH evaluation sheet for TEAM: MEGA

Event number: 16: 50M BUTTERFLY WOMEN 13+ — Heat:5, starttime: 10:25

Heat: 5/20 Lane : 7 Athlete: VAN DER PLAS SANNE — **Q-time: 00:41:06**

PB (25m pool): 00:41.06 BEERNEM 19/09/2026 — **PB (50m pool):** 00:42.90 **SB:** 00:41.06 BEERNEM 19/09/2026

	25 M	50 M	
PB		00:41.06	
		00:41.06	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 16: 50M BUTTERFLY WOMEN 13+ — Heat:7, starttime: 10:30

Heat: 7/20 Lane : 3 Athlete: BAEYE ROMY — **Q-time: 00:38:39**

PB (25m pool): 00:38.39 EEKLO 04/10/2026 — **PB (50m pool):** 00:45.00 **SB:** 00:38.39 EEKLO 04/10/2026

	25 M	50 M	
PB		00:38.39	
		00:38.39	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 16: 50M BUTTERFLY WOMEN 13+ — Heat:10, starttime: 10:30

Heat: 10/20 Lane : 3 Athlete: CLAEYS ELISE — **Q-time: 00:37:16**

PB (25m pool): 00:37.16 EEKLO 04/10/2026 — **PB (50m pool):** 00:37.21 **SB:** 00:37.16 EEKLO 04/10/2026

	25 M	50 M	
PB		00:37.16	
		00:37.16	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 16: 50M BUTTERFLY WOMEN 13+ — Heat:10, starttime: 10:30

Heat: 10/20 Lane : 4 Athlete: FRANKE MARIA LAYLA — **Q-time: 00:37:10**

PB (25m pool): 00:38.05 Eeklo 19/04/2026 — **PB (50m pool):** 00:37.10 **SB:** 00:38.91 BEERNEM 19/09/2026

	25 M	50 M	
PB		00:38.05	
		00:38.05	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Herfstcriterium 2026: Session: 3: COACH evaluation sheet for TEAM: MEGA

Event number: 16: 50M BUTTERFLY WOMEN 13+ — Heat:17, starttime: 10:40

Heat: 17/20 Lane : 2 Athlete: DEN BAES ELISE — **Q-time: 00:34:02**

PB (25m pool): 00:33.60 LAGO Club Fit 03/12/2023 **PB (50m pool):** 00:33.79 **SB:** 00:34.34 EEKLO 04/10/2026

	25 M	50 M	
PB		00:33.60	
		00:33.60	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 16: 50M BUTTERFLY WOMEN 13+ — Heat:17, starttime: 10:40

Heat: 17/20 Lane : 3 Athlete: BOEYKENS CHARLOTTE — **Q-time: 00:33:88**

PB (25m pool): 00:33.88 Sint-Amandsberg 19/10/2025 **PB (50m pool):** 00:34.53 **SB:** 00:34.70 EEKLO 04/10/2026

	25 M	50 M	
PB		00:33.88	
		00:33.88	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 16: 50M BUTTERFLY WOMEN 13+ — Heat:18, starttime: 10:40

Heat: 18/20 Lane : 1 Athlete: ANSEEUW LIEZE — **Q-time: 00:33:47**

PB (25m pool): 00:33.47 EEKLO 04/10/2026 **PB (50m pool):** 00:33.28 **SB:** 00:33.47 EEKLO 04/10/2026

	25 M	50 M	
PB		00:33.47	
		00:33.47	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 16: 50M BUTTERFLY WOMEN 13+ — Heat:19, starttime: 10:40

Heat: 19/20 Lane : 5 Athlete: DE MEY AURORA — **Q-time: 00:32:76**

PB (25m pool): 00:32.76 BEERNEM 19/09/2026 **PB (50m pool):** 00:34.17 **SB:** 00:32.76 BEERNEM 19/09/2026

	25 M	50 M	
PB		00:32.76	
		00:32.76	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Herfstcriterium 2026: Session: 3: COACH evaluation sheet for TEAM: MEGA

Event number: 16: 50M BUTTERFLY WOMEN 13+ — Heat:20, starttime: 10:40

Heat: 20/20 Lane : 2 Athlete: VAN NIEUWENHOVE LAURIEN — **Q-time: 00:32:18**

PB (25m pool): 00:29.98 Verbauwenbad 18/07/2021 **PB (50m pool):** 00:30.44 **SB:** no time

	25 M	50 M	
PB		00:29.98	
	00:29.98		
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 16: 50M BUTTERFLY WOMEN 13+ — Heat:20, starttime: 10:40

Heat: 20/20 Lane : 4 Athlete: LOONES THULINE — **Q-time: 00:30:12**

PB (25m pool): 00:30.12 Gent 09/11/2025 **PB (50m pool):** 00:30.59 **SB:** 00:30.45 EEKLO 04/10/2026

	25 M	50 M	
PB		00:30.12	
	00:30.12		
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 17: 200M BACKSTROKE MEN 13+ — Heat:6, starttime: 11:05

Heat: 6/9 Lane : 2 Athlete: HUENS BRIEK — **Q-time: 02:42:42**

PB (25m pool): 03:05.86 Sint-Amandsberg 27/10/2024 **PB (50m pool):** 02:42.42 **SB:** no time

	25 M	50 M	75 M	100	125	150	175	200 M
PB		00:48.57		01:35.37		02:22.41		03:05.86
		00:48.57		*00:46.80*		*00:47.04*		*00:43.45*
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 17: 200M BACKSTROKE MEN 13+ — Heat:7, starttime: 11:10

Heat: 7/9 Lane : 3 Athlete: BODDAERT LUCAS — **Q-time: 02:37:97**

PB (25m pool): 02:37.97 Sint-Amandsberg 18/10/2026 **PB (50m pool):** 03:01.68 **SB:** 02:37.97 Sint-Amandsberg 18/10/2026

	25 M	50 M	75 M	100	125	150	175	200 M
PB		00:37.96		01:18.29		01:58.56		02:37.97
		00:37.96		*00:40.33*		*00:40.27*		*00:39.41*
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Herfstcriterium 2026: Session: 3: COACH evaluation sheet for TEAM: MEGA

Event number: 17: 200M BACKSTROKE MEN 13+ — Heat:7, starttime: 11:10

Heat: 7/9 Lane : 4 Athlete: POLLET MILO — **Q-time: 02:35:08**

PB (25m pool): 02:35.08 Sint-Amandsberg 18/10/2026 **PB (50m pool):** 02:48.00 **SB:** 02:35.08 Sint-Amandsberg 18/10/2026

	25 M	50 M	75 M	100	125	150	175	200 M
PB		00:36.75		01:15.59		01:55.15		02:35.08
		00:36.75		*00:38.84*		*00:39.56*		*00:39.93*
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 17: 200M BACKSTROKE MEN 13+ — Heat:8, starttime: 11:10

Heat: 8/9 Lane : 7 Athlete: HUENS WARRE — **Q-time: 02:31:31**

PB (25m pool): 02:31.31 Sint-Amandsberg 19/10/2025 **PB (50m pool):** 02:36.92 **SB:** no time

	25 M	50 M	75 M	100	125	150	175	200 M
PB		00:36.22		01:14.54		01:53.24		02:31.31
		00:36.22		*00:38.32*		*00:38.70*		*00:38.07*
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 17: 200M BACKSTROKE MEN 13+ — Heat:9, starttime: 11:15

Heat: 9/9 Lane : 5 Athlete: VIAENE MAXIM — **Q-time: 02:21:10**

PB (25m pool): 02:21.10 Sint-Amandsberg 18/10/2026 **PB (50m pool):** 02:29.11 **SB:** 02:21.10 Sint-Amandsberg 18/10/2026

	25 M	50 M	75 M	100	125	150	175	200 M
PB		00:32.53		01:07.76		01:44.77		02:21.10
		00:32.53		*00:35.23*		*00:37.01*		*00:36.33*
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 18: 100M FREESTYLE WOMEN 11-12 — Heat:1, starttime: 11:20

Heat: 1/15 Lane : 2 Athlete: EYCKEN MARIE-LOU — **Q-time: 01:39:55**

PB (25m pool): 01:39.55 Eeklo 19/04/2026 **PB (50m pool):** no time **SB:** 01:42.32 Sint-Amandsberg 18/10/2026

	25 M	50 M	75 M	100 M	
PB		00:45.23		01:39.55	
		00:45.23		*00:54.32*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Herfstcriterium 2026: Session: 3: COACH evaluation sheet for TEAM: MEGA

Event number: 18: 100M FREESTYLE WOMEN 11-12 — Heat:1, starttime: 11:20

Heat: 1/15 Lane : 5 Athlete: STANDAERT FELICE — **Q-time: 01:30:17**

PB (25m pool): no time **PB (50m pool):** 01:30.17 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		no time		no time	
	no time				
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 18: 100M FREESTYLE WOMEN 11-12 — Heat:2, starttime: 11:20

Heat: 2/15 Lane : 3 Athlete: AUDENAERT LORE — **Q-time: 01:26:24**

PB (25m pool): 01:20.87 DENDERMONDE 14/11/2026 **PB (50m pool):** 01:28.37 **SB:** 01:20.87 DENDERMONDE 14/11/2026

	25 M	50 M	75 M	100 M	
PB		00:38.26		01:20.87	
	00:38.26		*00:42.61*		
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 18: 100M FREESTYLE WOMEN 11-12 — Heat:3, starttime: 11:25

Heat: 3/15 Lane : 4 Athlete: REYSERHOVE ANSE — **Q-time: 01:25:02**

PB (25m pool): 01:25.02 Sint-Amandsberg 18/10/2026 **PB (50m pool):** no time **SB:** 01:25.02 Sint-Amandsberg 18/10/2026

	25 M	50 M	75 M	100 M	
PB		00:40.36		01:25.02	
	00:40.36		*00:44.66*		
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 18: 100M FREESTYLE WOMEN 11-12 — Heat:4, starttime: 11:25

Heat: 4/15 Lane : 7 Athlete: BEERENS LEONIE — **Q-time: 01:24:53**

PB (25m pool): 01:24.53 DENDERMONDE 14/11/2026 **PB (50m pool):** no time **SB:** 01:24.53 DENDERMONDE 14/11/2026

	25 M	50 M	75 M	100 M	
PB		00:38.85		01:24.53	
	00:38.85		*00:45.68*		
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Herfstcriterium 2026: Session: 3: COACH evaluation sheet for TEAM: MEGA

Event number: 18: 100M FREESTYLE WOMEN 11-12 — Heat:8, starttime: 11:30

Heat: 8/15 Lane : 1 Athlete: RABAEYS LAURE — **Q-time: 01:18:47**

PB (25m pool): 01:16.98 DENDERMONDE 14/11/2026 **PB (50m pool):** 01:22.04 **SB:** 01:16.98 DENDERMONDE 14/11/2026

	25 M	50 M	75 M	100 M	
PB		00:36.41		01:16.98	
		00:36.41		*00:40.57*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 18: 100M FREESTYLE WOMEN 11-12 — Heat:8, starttime: 11:30

Heat: 8/15 Lane : 7 Athlete: CHRISTIAENS NORE — **Q-time: 01:18:44**

PB (25m pool): 01:20.11 EEKLO 04/10/2026 **PB (50m pool):** 01:18.44 **SB:** 01:20.11 EEKLO 04/10/2026

	25 M	50 M	75 M	100 M	
PB		00:37.63		01:20.11	
		00:37.63		*00:42.48*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 18: 100M FREESTYLE WOMEN 11-12 — Heat:11, starttime: 11:40

Heat: 11/15 Lane : 1 Athlete: VANSIELEGHEM AMBER — **Q-time: 01:16:32**

PB (25m pool): 01:16.32 Sint-Amandsberg 18/10/2026 **PB (50m pool):** 01:17.62 **SB:** 01:16.32 Sint-Amandsberg 18/10/2026

	25 M	50 M	75 M	100 M	
PB		00:36.20		01:16.32	
		00:36.20		*00:40.12*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 18: 100M FREESTYLE WOMEN 11-12 — Heat:15, starttime: 11:45

Heat: 15/15 Lane : 6 Athlete: BRYS BARON YVONNE — **Q-time: 01:11:52**

PB (25m pool): 01:11.52 EEKLO 04/10/2026 **PB (50m pool):** 01:13.33 **SB:** 01:11.52 EEKLO 04/10/2026

	25 M	50 M	75 M	100 M	
PB		00:34.85		01:11.52	
		00:34.85		*00:36.67*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Herfstcriterium 2026: Session: 3: COACH evaluation sheet for TEAM: MEGA

Event number: 19: 100M BREASTSTROKE MEN 11-12 — Heat:2, starttime: 11:50

Heat: 2/11 Lane : 6 Athlete: CRUL DEAN — **Q-time: 01:56:18**

PB (25m pool): no time **PB (50m pool):** 01:56.18 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		no time		no time	
		no time			
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 19: 100M BREASTSTROKE MEN 11-12 — Heat:5, starttime: 11:55

Heat: 5/11 Lane : 2 Athlete: VAN HULLE MAURO — **Q-time: 01:47:53**

PB (25m pool): 01:47.53 EEKLO 04/10/2026 **PB (50m pool):** 01:52.67 **SB:** 01:47.53 EEKLO 04/10/2026

	25 M	50 M	75 M	100 M	
PB		00:50.72		01:47.53	
		00:50.72		*00:56.81*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 19: 100M BREASTSTROKE MEN 11-12 — Heat:9, starttime: 12:05

Heat: 9/11 Lane : 1 Athlete: DE BAERDEMACKER JULES — **Q-time: 01:40:27**

PB (25m pool): no time **PB (50m pool):** 01:40.27 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		no time		no time	
		no time			
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 19: 100M BREASTSTROKE MEN 11-12 — Heat:9, starttime: 12:05

Heat: 9/11 Lane : 8 Athlete: BOBELYN LOIC — **Q-time: 01:40:72**

PB (25m pool): 01:40.72 Temse 15/11/2026 **PB (50m pool):** no time **SB:** 01:40.72 Temse 15/11/2026

	25 M	50 M	75 M	100 M	
PB		00:48.06		01:40.72	
		00:48.06		*00:52.66*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback: